

Holiday Activities

Lian Wah Hang Farm

Bring your children to the only game bird farm in Singapore that specialises in producing game bird, breed meat and eggs for the local and overseas market. Tour of the farm is free and there are many products for sale. Pet quail chicks can be adopted for only \$6 for two chicks, a plastic container and quail feed.

■ 5 Lim Chu Kang Lane 6F
Tel 6792 1366

Little League Soccer

Paul Masfield, managing director, has a full (English Football Association) coaching license and leads a team of five experienced coaches. Coaching Clinics are held from 18 – 26 October and 20 December – 4 January for 3 hour each day for a period of 4 days.

■ littleleaguesoccer.com

SPARKc

An outdoor adventure training centre for kids from 10 – 14 with programmes that teach values like independence and cooperation. Their Family Programme is especially suitable for busy parents to take



Children's Party Catering

Fostrè

The children's menu will delight your kids and their guests. Assorted finger sandwiches in cookie cutter shapes, tempura codfish nuggets, mini pizzas and spaghetti with creamy tomato sauce are just some samples. Everything from taste to presentation is carefully thought out. A special play area with children's furniture can also be set up upon request.

■ 171 Kampong Ampat
#03-10 KA Foodlink
Tel 6288 0133 Fax 6282 0133

some time off to spend time with their children. Through the activities like rock wall climbing, flying fox and tunnel maze, they hope to build parent-child communication, trust and understanding. A 1-day programme is \$45 (per child) and \$80 (per adult), while a 2-day/1-night camp is \$80 (per child) and \$140 (per adult).

■ 1410 East Coast Parkway
Tel 6445 0510
sparkc.org.sg

YMCA

The 3-days/2-nights War Camp (\$208 for members/\$228.80 for non-members) builds the confidence of the children and gives both boys and girls a preview of military life. Activities include simple jungle warfare, outdoor cooking, basic jungle survival skills, planning attack and defence strategies, communication and commanding. Other camps include the Ice-Skating Camp (\$249.60/\$270.40), Young Explorer Camp (\$228.80/\$249.60) and Adventure Camp (\$208/\$228.80).

■ 60 Stevens Road
Tel 6839 8333
mymca.org.sg

It's Raining Again!

Fun activities to keep your child occupied when they're stuck indoors.

Feely Tights

Get a pair of thick tights or socks, and stuff some objects you can find around the house – a mug, a toy car, a scrubbing brush, etc – into the leg. Let your child guess the objects by looking and feeling the outside, then putting their arms inside. A box of raisins or biscuits at the bottom will be a good surprise!

Dough Play

Put the following into a pan to make dough – 200 ml water, 125g plain flour, 150g salt, 2 tablespoons cream of tartar, 2 tablespoons cooking oil, a few drops of food colouring. Heat gently over a low heat, stirring until it sticks together. Can be stored for months in a plastic bag in a fridge. Children will enjoy rolling it, poking it with forks or squishing it.

Cups and Knick-Knacks

A memory game that requires assorted cups and pairs of small things that can be hidden under the cups (knick-knacks). Hide a knick-knack under each cup. Each player can lift two cups to see if the knick-knacks match. If they don't,

replace the cups and move on to the next player. If they do, the player gets to keep the knick-knack. The game goes on till all the knick-knacks have been matched up.

Consequences

The first player draws a head of an animal or a made-up monster at the top of a piece of paper, then fold it down with only the neck showing. The next player draws the body, fold it with where the legs begin showing and pass it on to the next player who completes the drawing with legs and feet. When everyone has finished, open up the drawing to admire the masterpiece!

For more ideas, read *I'm Bored* by Suzy Barratt and Polly Beard (Bloomsbury), and *Quick Fixes for Bored Kids* by Tommy Donbavand (How To Books), distributed by Pansing, from all good bookstores

